Fall 2007

- Tuesdays 3:00 – 4:30 PM
- $480 spent on flyer, snacks, and prizes
- Workshops facilitated by Academic Advisors and guest speakers

WORKSHOP SCHEDULE

Week 1: What’s a Blue Book?
Anything and everything you’ll need to know to have a successful first quarter

Week 2: Writing Success in MMW
Understanding and avoiding writing problems from MLA errors to plagiarism

Week 3: Navigating the Quarter System
Time management, study skills, and midterm preparation

Week 4: Exploring your Options I
Part I: An in-depth look at majors at UCSD

Week 5: Exploring Your Options II
Part II: What career options do I have with my major?

Week 6: Winter Quarter Already?
Come get help choosing classes for next quarter

Week 7: When Will YOU Study Abroad?
Learn how to become a true ERC global citizen

Week 8: Gobble Gobble!
Ways to stay healthy and well to wrap up the quarter (Cancelled due to week 4 campus closure)

WEEK 9: HELP!
Last workshop designed to give you an edge in preparing for your finals

Week 10
Come by ERC Advising for an end-of-the-quarter surprise

Fall 2008

- Tuesdays 3:30 – 5:00PM & Wednesdays 7:00 – 8:30PM
- $280 spent on flyer, snacks, and pizza party
- Workshops facilitated by Academic Advisors, guest speakers, and staff from Student Affairs and Residence Life

WORKSHOP SCHEDULE

Week 1: ERC - The Total Package:
Anything and everything you’ll need to know to have a successful first quarter

Week 2: What’s MMW got to do with it?
Introduction to ERC’s core sequence

Week 3: Navigating the Quarter System
Time management, study skills, and midterm preparation.

Week 4: Get Involved!
Learn about opportunities to enhance your experience at ERC

Week 5: This is your brain at ERC
Tips on stress management and information on mental health

Week 6: A healthy student is a happy student
Find out the importance of physical health and body image

Week 7: When Will YOU Study Abroad?
Learn how to become a true ERC global citizen.

Week 8: Jobs, Grad School, and More!
The Career Services Center – What it is and how to use it

Week 9: Show me the money:
Find out about ERC student jobs and learn useful budgeting skills

Week 10: Almost done!
If you went to all nine workshops, you will be invited to an end-of-the-quarter surprise
Fall 2009

- Workshops Tuesdays 3:00 – 4:30 PM
- $110 spent on flyer and snacks
- Workshops facilitated by Academic Advisors and guest speakers

WORKSHOP SCHEDULE

Week 1: ERC - The Total Package:
Anything and everything you’ll need to know to have a successful first quarter

Week 2: What’s MMW got to do with it?
Introduction to ERC’s core sequence

Week 3: Navigating the Quarter System
Time management, study skills, and midterm preparation

Week 4: A healthy student is a happy student
Find out the importance of physical health and body image

Week 5: Jobs, Grad School, and More!
The Career Services Center – What it is and how to use it

Week 6: Winter quarter already?
Come get help choosing classes for next quarter

Week 7: This is your brain at ERC
Tips on stress management and mental health information

Week 8: When Will YOU Study Abroad?
Learn how to become a true ERC global citizen.

Week 9: HELP!
Get help preparing for finals and making end of the quarter decisions (cancelled due to short staffing)

Week 10: Almost done!
Come take a break and learn relaxation techniques to use during finals

Fall 2010-11

- Workshops Wednesdays 3:00 – 4:00 PM (FA10)
- Workshops Tuesdays 3:30 – 4:30 PM (FA11)
- $50 spent on flyer (FA10)
- $48 spent on flyer and snacks (FA11)
- Workshops facilitated by Academic Advisors and guest speakers

WORKSHOP SCHEDULE

Week 2: ERC - The Total Package
Start the quarter off right by learning everything you’ll need to have a successful UCSD experience. Provost Alan Houston and Academic Counselors will present tips for academic success.

Week 3: Succeeding in MMW
Introduction to ERC’s core sequence

Week 4: Stressbusters!
Tips on stress management, healthy lifestyle behaviors, and relaxation techniques

Week 5: When will YOU study abroad?
Learn how to become a true ERC global citizen

Week 6: Navigating the Quarter System
Time management, study skills, midterm preparation

Week 7: Winter Quarter Already?
Come get help choosing classes for next quarter!

Week 8: Jobs, Grad School, and More!
The Career Services Center - What it is and how to use it